

Coborn Centre for Adolescent Mental Health –Newsletter

Nov 2013

Welcome message from Damian Muirhead Teacher in Charge

Hello, my name is Damian and I am Teacher in Charge at the Coborn Centre for Adolescent Mental Health. I have recently taken over this new position having previously worked here as a Humanities Teacher.

I am excited to be in this new role and look forward to what this new school year will bring.

Here at the Coborn the theme for this term is Creativity and how it can be used in learning.

Creativity is something that we all have, albeit in very different forms. Here at the Coborn creativity is a something that can help a young person while in hospital, as engaging in creative activities such as Art music or ICT can help make a stay here more enjoyable.

This year in the education department we will be looking to help students express and increase their creative abilities through a series of different ways.

Itricia Byers Personal development Workshop Oct 2013



This term we were happy to welcome life coach and personal development leader **Itricia Byers** who did a session with our young people here on African History led by an interactive drumming session. This session gave the young people the opportunity to learn about a period of African History in a particular region, and re-enact scenes from the past. Feedback from the young people was that the session was both engaging and educational!

We look forward to welcoming Itricia for future events here at the Coborn

What is creativity?



Creativity is often spoken about in many different contexts in many different ways, but what exactly is creativity?

Here at the Coborn this term Creativity shall be our central theme and we will be looking how creativity can impact us as individuals in many ways.

Who's who in Education?

You might know some members of the education team, but just in case you are not sure the team and their jobs are shown below:

Damian Muirhead (Teacher-in-Charge)

Erika Brown (Humanities teacher)

Seth Sarfo (Maths/Science ICT teacher)

Shelly Daley (Learning mentor)

Katrin-Anne Romero (Administrator)

Karlene Lewis- Teaching Assistant

Catherine Chappell- Student Learning Mentor

New Administrator

We are pleased to welcome to the Coborn our New Administrator Katrin-Anne Romero. In the upcoming weeks we will be hearing from Katrin-Anne and finding a bit more about her interests.

Quote corner:

Only a life lived for others is a life worthwhile.

Albert Einstein

Next newsletter we will be meeting one of our Teachers here at the Coborn and finding out a little bit more about their work here.